

Optimization of Appointment Scheduling

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Operations Research in Queuing Theory
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Introduction

- Interface between service providers and customers
- Arises in many service industries:
 - ▶ Healthcare: GP, dentist, outpatient clinics
 - ▶ Legal services
 - ▶ Accounting services
 - ▶ Loading/unloading ships



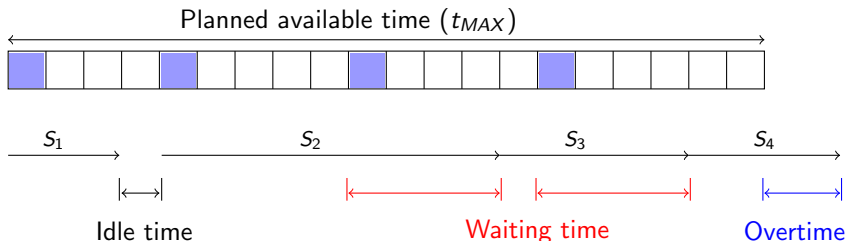
Static Appointment Scheduling Problem



1 Physician



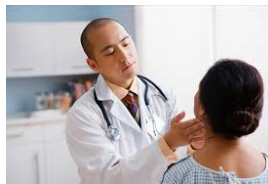
K patients



Scheduling challenges

- Objective: minimize the weighted sum of
 - ▶ Patients' waiting times
 - ▶ Doctor's idle time
 - ▶ Doctor's overtime

- Complicating factors
 - ▶ uncertain service durations
 - ▶ unpunctual patients
 - ▶ uncertain patient demand
 - ★ no-shows
 - ★ emergencies
 - ▶ heterogeneous patients
 - ▶ doctor lateness / set-up activities



Contributions

Contributions

- 1 We propose a fast heuristic which can be applied under fairly general conditions.
- 2 We quantified the performance of our heuristic.
- 3 Patient heterogeneity affects optimal schedule and should be taken under consideration.

Solution approach

The optimization problem involves computational effort at three levels:

- 1 Evaluating the cost of a given schedule
- 2 Finding the optimal schedule for a fixed sequence of patients
- 3 Determining the optimal arrival sequence for customers having distinct attributes

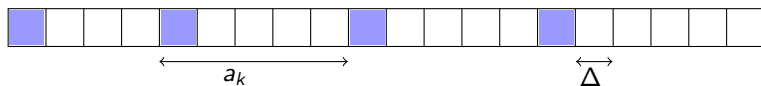
Outline

- 1 Introduction
- 2 Research approach
 - Evaluation algorithm
 - Lower-level problem: optimize appointment times
 - Upper-level problem: sequencing
- 3 Numerical results
 - Homogeneous patients
 - Heterogeneous patients
- 4 Conclusions and Future Work

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Fast and versatile evaluation algorithm



Approach:

- modified Lindley's recursion
 - ▶ allows for explicit expressions for each patient

$$W_{k+1} = \max(0, W_k + S_k - a_k)$$

- discrete time setting
 - ▶ discretised into fixed intervals of length Δ
 - ▶ trade-off accuracy and computational effort

Model description

Environmental factors

- Service time distribution $s_k(n)$
 - ▶ type of service, medical record, age, doctor
- No-show probability p_k
 - ▶ lead time, age, gender, type of service (5%-40%)
- Waiting cost c_{W_k}
 - ▶ urgency, opportunity cost
- Start time session $\theta(n)$
 - ▶ lateness doctor, set-up activities
- Idle time cost c_I / overtime cost c_0
 - ▶ availability service provider, equipment, assistants

Evaluation algorithm

Calculation of the performance measures (moments q up to any order):

$$E[W_{k+1}^q] = -\ell_k^{(q)} + \sum_{r=0}^q \sum_{m=0}^{q-r} \binom{q}{r} \binom{q-r}{m} E[S_k^m] (-a_k)^{q-r-m} W_k^{(r)},$$

$$E[I_{k+1}^q] = (-1)^q (E[(W_k - a_k + S_k)^q] - E[W_{k+1}^q]) = (-1)^q \ell_k^{(q)}.$$

$$E[O^q] = W_{K+1}^{(q)}.$$

with,

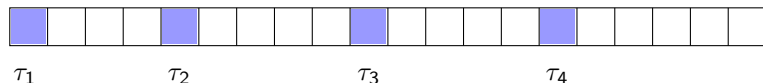
$$\ell_k^{(q)} = \sum_{r=0}^{a_k-1} \sum_{m=0}^r s_k(r-m) (r-a_k)^q w_k(m).$$

$$w_{k+1}(n) = \sum_{m=0}^{n+a_k} s_k(n+a_k-m) w_k(m),$$

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Allocation of appointment times



GOAL: find $\tau = \{\tau_1, \dots, \tau_K\}$ which minimizes the objective function

Heuristic is needed: local search algorithm

- Optimality can be guaranteed for homogeneous patients (Kaandorp and Koole, 2007; Koeleman and Koole, 2012)
- Unfortunately, not for heterogeneous patients (Tang et al., 2014)

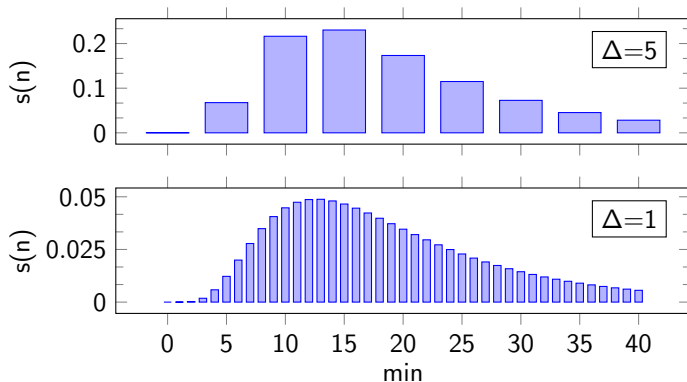
Guidelines to reduce running times

1 Sensible choice of initial population

- ▶ Some common heuristics in literature
 - ★ 'Bailey's rule': schedule two patients at beginning
 - ★ 'Fixed-interval': schedule patients with equal inter-arrival times
 - ★ 'OFFSET': schedule first patients closer together

Guidelines to reduce running times

- 1 Sensible choice of initial population
- 2 **Downscale the problem**
 - ▶ Gradually decrease slot length Δ



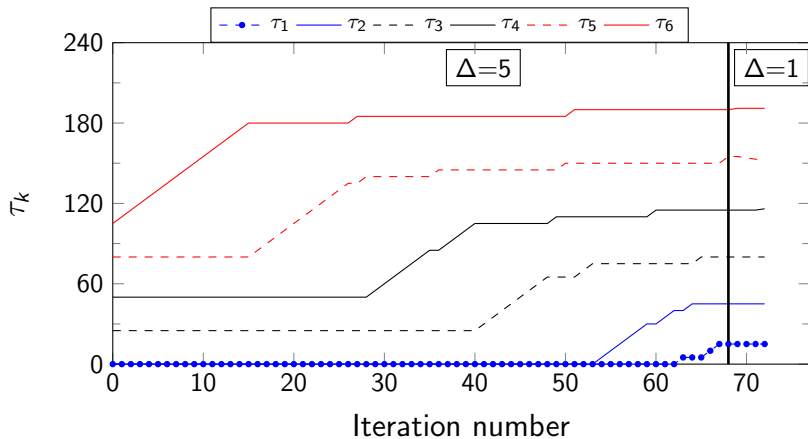
Guidelines to reduce running times

- 1 Sensible choice of initial population
- 2 Downscale the problem
- 3 **Structural property:**

Performance measures of k th patient only depend on τ_j for $j < k$

- ▶ Guidelines algorithm:
 - ★ Store all calculations in state variable \mathbf{g}
 - ★ If τ_k changes, reuse information in \mathbf{g} for W_j, l_j, \dots for $j < k$
 - ★ Start optimizing at the end of the schedule (reverse for-loop) (-30%)

Visualisation of search process



Outline

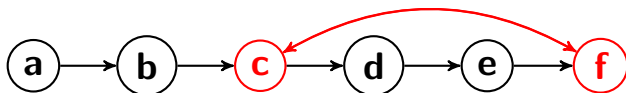
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Upper-level problem: sequencing

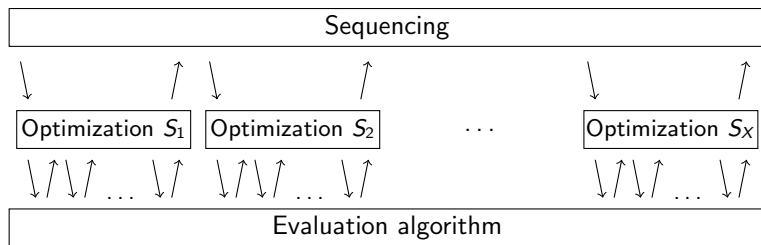
Patients may differ by:

- service time distribution
- no-show probability
- waiting cost

We perform a local search algorithm with pairwise interchange (swaps)



Global structure of optimization method



→ sequencing can be accelerated by **multi-threading**

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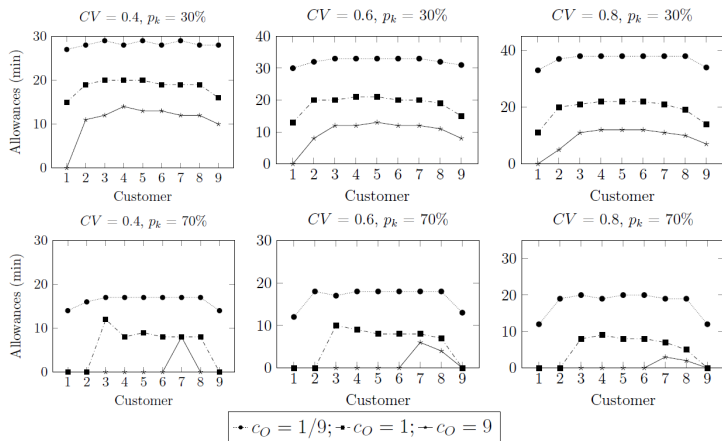
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Structure of optimal solutions

In accordance with prior studies: solutions depict a dome-shaped pattern



Performance of heuristic for different neighbourhoods

K	Optimal Time (s)	$\Delta = 1$		$\Delta = 5$			
		Avg. gap (%)	Max. gap (%)	Time (s)	Avg. gap (%)	Max. gap (%)	Time (s)
6	6.9	0.001	0.079	0.9	0.123	3.229	0.12
8	34.4	0.003	0.240	1.6	0.212	4.140	0.15
10	168.9	0.006	0.346	2.6	0.442	23.775	0.19
12	818.0	0.009	0.408	4.3	0.506	6.804	0.24

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→ We choose a smaller neighbourhood to reduce running times

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Gaps depend on:

- overtime cost
- service time variability
- no-show probability

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Performance when patients are heterogeneous

Patient classification:

- 40% New patient: $S \sim \log N(\mu = 20, \sigma = 16)$
- 60% Returning patient: $S \sim \log N(10, 4)$
- Average patient: $S \sim \log N(14, 8.4)$

No-show	Policy	Best-Case	Worst-Case	Δ Cost
0%	Heterogeneous	388.3	-	
	Homogeneous	549.0	594.5	41-53%
	Fixed-interval	484.3	673.5	25-73%
15%	Heterogeneous	358.0	-	
	Homogeneous	451.1	485.1	26-34%
	Fixed-interval	403.7	601.3	13-68%

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Conclusions and Future Work

- We introduced an efficient and effective heuristic for the static appointment scheduling problem
- The heuristic can be applied in a wide variety of environments
- Patient classification can result in significant cost reductions

- Future work
 - ▶ Data-mining techniques to effectively estimate service time distributions based on patient characteristics
 - ▶ Dynamic scheduling where not all patients are known in advance

Are there any questions?

